



# Italy ♥ you!

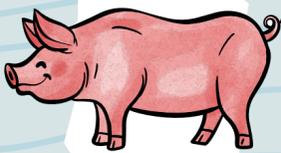
Discovering beautiful places on a road trip.

## MILAN

SPECIAL EDITION



Ajò!

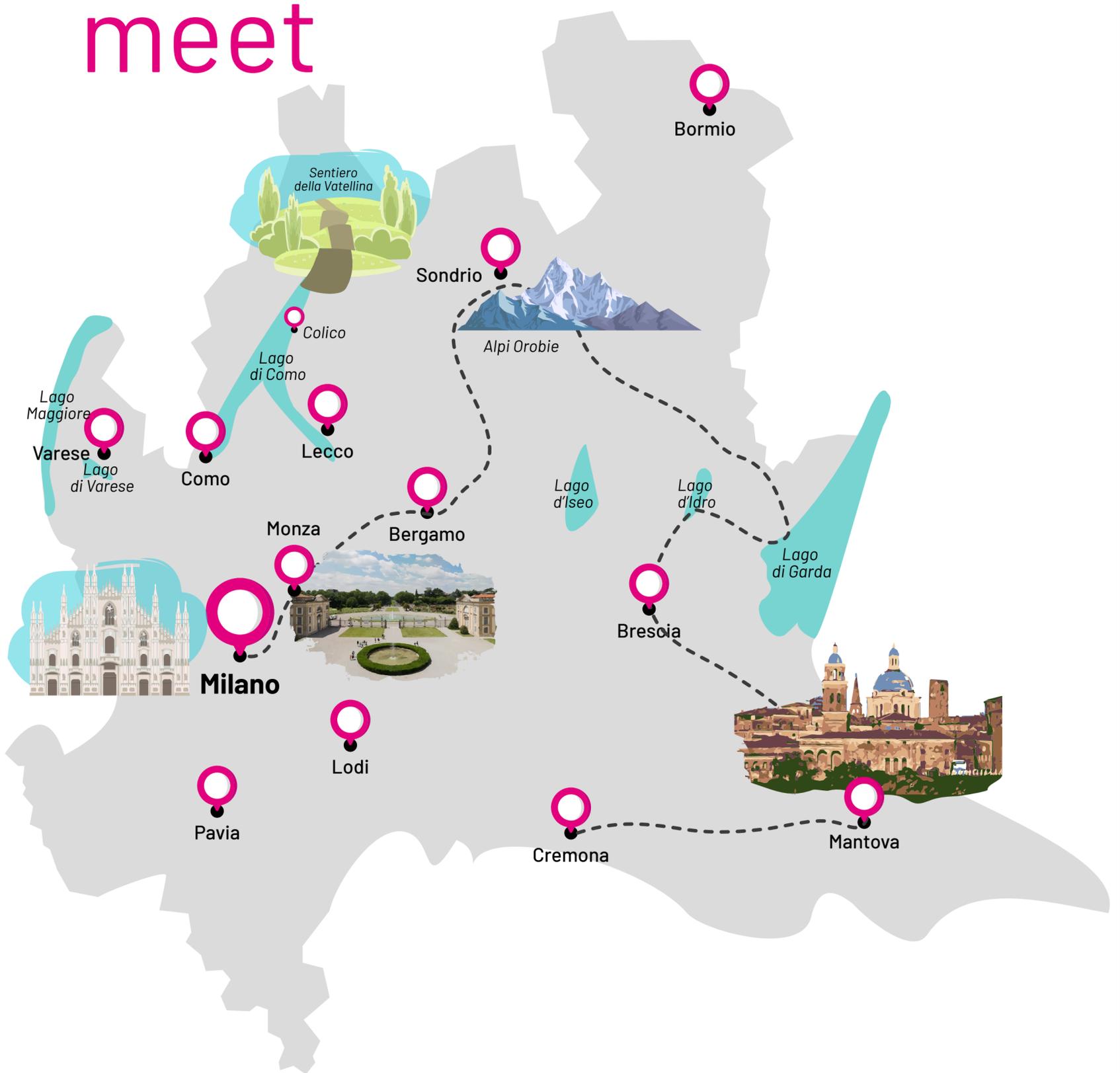


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Bedda Matri!



# Milan and Lombardy, where innovation, nature, and history meet



Have you ever wished to see **Milan's cathedral**, dive into **Italy's most famous lakes**, or explore Bergamos' valleys? This guide will make you discover the wonders of beautiful Milan and Lombardy, its region. **It will be a journey through nature, with a good combination of relaxation and adventure!** Pack your bags and come with us!

**Let's go!**



# The hidden gems of **Milan**



If you just want to see the unmissable landmarks of Italy's largest city, you can do that in one day. You can start from the majestic **Cathedral** and the famous **Galleria Vittorio Emanuele II**. Then, you can visit the **Sforzesco Castle** and **Sempione Park** and end the evening at the **Navigli**, the best place to enjoy an *aperitivo*.

But Milan is much more than that! **Innovation** is at every corner, especially in the non-touristy areas, where you can perceive it in all its essence. This guide will show you a different way to travel. And it's going to be fun!

## THE MILAN YOU DON'T EXPECT

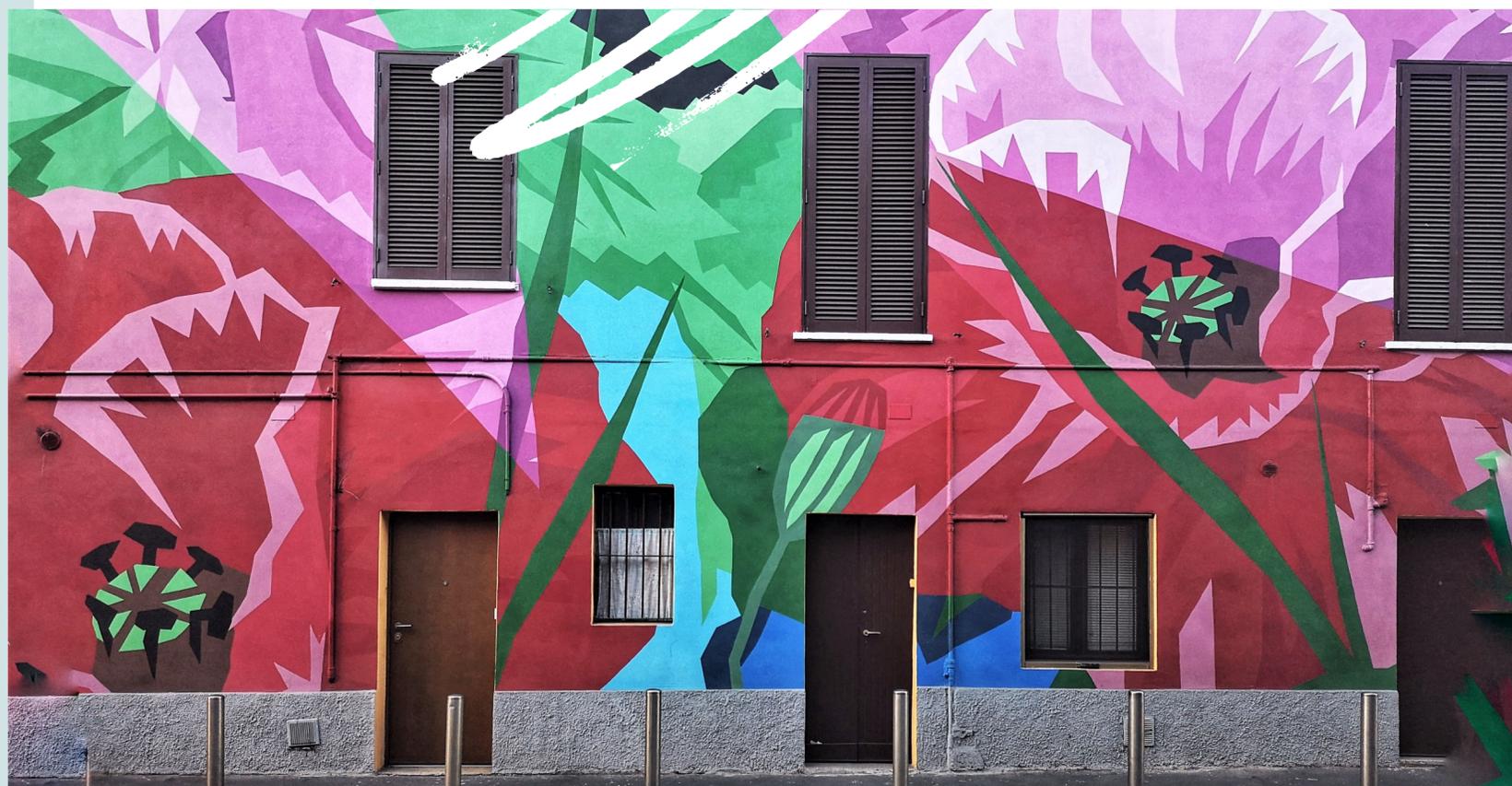
### The Straight, the Crooked, and the Curved



The **Portello district** includes CityLife, a modern complex of houses and buildings like those you see in major international cities. **Piazza Tre Torri** – the beating heart of this area – opens up to one of the city's most beautiful **skylines**. The three towers house the headquarters of major insurance companies like Generali, Allianz, and PwC. Fun fact: due to their unique shape, these three buildings are also known as the *Straight*, the *Crooked*, and the *Curved*.



## A journey across Milan's murals



From the eastern suburbs of Milan, you can reach the **Ortica district**, known for its **street art**. This area features beautiful murals representing **historic and religious** artworks, such as the Cathedral's centre nave in **Via Pitteri**. The Ortica district is well worth a visit whether you're a street art fan or not.

## Brera, Milan's Montmartre



Despite its proximity to the historic centre, this area is very quiet. It's the perfect place to wander around the alleys. The name **Brera comes from braida**, a dialect word that means "**uncultivated land**" since there wasn't much around until the mid-18th century. Today, it's **one of the most renowned places in Milan**, ideal for artists who are looking for the right inspiration.

# Milan: the city that never sleeps

Every time you visit Milan, there's always something new to see. We'd like to recommend our favourite landmarks.

## IS FOOTBALL YOUR PASSION?

Whether you like it or not, you must visit **San Siro** and the **Giuseppe Meazza stadium**. Here is also where concerts of major Italian and international stars take place. From San Siro, you can easily reach the Ippodromo del Galoppo and the Cavallo di Leonardo racecourses.

## MILAN'S NIGHTLIFE

Milan has a vibrant nightlife. There're plenty of cool places to go to, but we suggest the **columns of San Lorenzo**, halfway between the **Navigli** and **Piazza del Duomo**. Here, you can admire art and history by day and have fun like a local by night.

## EATING WELL ON A BUDGET

You may not believe it, but it's possible! Highly recommended places where you can treat yourself

- **Macelleria Popolari at the Navigli**: the queen of street food in Milan;
- **Madama Hostel & Bistrot**: near the Prada Foundation, if you like a youthful setting;
- **Il Mare Culturale Urbano**: an open-air farmhouse where they also organise events and workshops. If you like ethnic food, you're in the right place!



# Speak like a local!

## Let's learn some **words** in **Milanese**



**1 Bauscia:** we use this word to indicate Milanese people from outside Milan. Literally, it means braggart, a person who gives themselves airs. Today, we say Bauscia ironically to indicate a person who is uncomfortable with innovation and not open to sharing ideas.

**2 Scighera:** literally means fog. In Milan, we use this word when the fog is so thick that you can't see anything. This term comes from the Latin word "caecus", i.e., blind, something that obscures sight.

**3 Sghei:** when we say "sghei", we mean money. Originally, they were the coins used in the Austro-Hungarian Empire (Scheidemünze in German, literally translated as divisional coin).

**4 Dis'cioles:** (pronounced "dis'chooles") means "hurry up," "wake up", "suit yourself". We use this expression to urge someone to make a decision.

**5 Tel chì / Tel là:** We bet this is the first expression you'll learn as soon as you set foot in Milan. It means "here it is/here they are", and we say it all the time.

**6 Sciura:** means a high-class elegant lady (follow [@sciuraglam](#) on Instagram!).

# Outside Milan:

And now some places in Lombardy to add to your bucket list.

Rent a car and start your adventure through **mountains, lakes** and **art cities!**

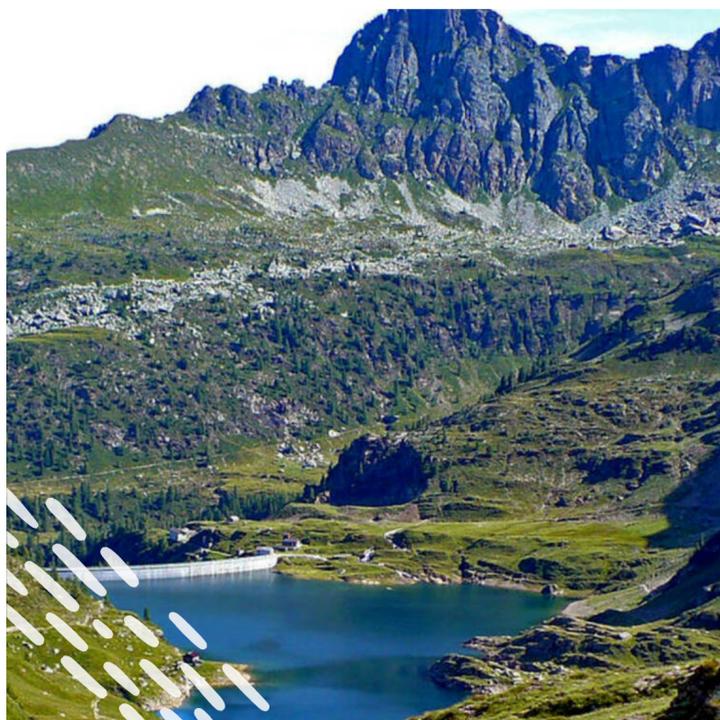


## ON THE MOUNTAINTOP

Are you ready to immerse yourself in untouched nature and forget the city's hustle and bustle?

### Valtellina trail

This experience is to take slowly. The Valtellina trail is a 114 km cycling/pedestrian path running alongside river Adda, from Colico to Bormio. Everybody can hit this trail, even those who don't like sports. Valtellina's beautiful nature will leave you in awe.



### Val Brembana

Now let's discover Bergamo's valleys, also known as "Orobic". From Conca di Mezzano, you can reach Lake Branchino and the Laghi Gemelli shelter. Here, you'll find an enchanting landscape where mountains sinuously reflect in the lakes.

## SYMMETRICAL LANDSCAPES

Lombardy is known to be the Italian region with the highest number of lakes. The most famous ones are **Lake Maggiore**, **Lake Garda** and **Lake Iseo**. However, we want to show you the lesser-known ones:

### Lake Idro

A blue gem in Northern Italy between Lake Garda and Lake Iseo, between woods and mountains. A corner of paradise one hour away from Brescia.



### Briantei Lakes

These glacial lakes are located between Como and Lecco. In less than one hour from Milan, you can reach lake Annone, the largest in this constellation of lakes, but also Lake Pusiano, Lake Segrino, Lake Alserio, and if you continue in the direction of Como, you'll find lake Montorfano.



## NATURE AND...

This region is also home to some of the most beautiful art cities in Italy.

### Mantova

The city of the Gonzaga dynasty home to breathtaking landmarks, like San Giorgio Castle, Palazzo Te, and the Palazzo Ducale. From here, you can reach Sabbioneta, a UNESCO World Heritage Site since 2008.

During your visit, remember to leave room for a gastronomic experience. Pick a small, family-run tavern where you can try some of our typical dishes: pumpkin tortelli, agnoli, riso alla pilota, you name it!



### Cremona

A stroll around the main streets is enough to realise how beautiful the “city of violins” is. From Piazza del Comune, you can visit Torrazzo, Italy’s highest bell tower, the Cathedral, and the violin museum.

And for your lunch break, you can stop to eat some traditional specialities, like cured meats and cheese, marubini, gran bollito, and nougat.

### Monza

You can’t go to Monza without visiting the Cathedral and the Chapel of Queen Theodolinda. We also recommend leaving some time to visit the Royal Villa, also known as the Royal Palace of Monza. It was built in the 8th century as the Habsburgs’ private residence, and includes 28 rooms and Royal Gardens.

Want to continue your foodie experience? Somebody told us that risotto with luganega is delicious. Try it yourself!



# Lombardy and Milan are waiting for you!

Lombardy is a region that makes every traveller happy, as it combines nature, beautiful towns, and breathtaking art cities.

**Rent a Noleggiare car in Milan and let your  
adventure begin!**

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information, email us at [info@noleggiare.it](mailto:info@noleggiare.it)



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